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Virginia's own Amazon Best Selling Author Wants You to Discover The Difference Between A Successful Life & A Significant Life?

Everything You Need to Know to leverage the gift of hindsight and build a life of true significance

WARRENTON, Virginia, October 13, 2015 – “I want to see people live—and live for what matters most—not simply exist.” states Angelique Cooper McGlotten, author of best-selling book *Living Backward: The Gift of Hindsight in Building A Truly Significant Life*. “I desire to see more and more people create true significance with their lives, not a sullied imitation of it.”

When asked how we do this, her response is at once profoundly simple yet powerful: “By embracing the reality that what will matter forever is what should matter to us now. Like the reverse orientation employed by GPS, we must chart our existence from the end of our lives; then working backward, we wisely redeem the time, making the choices that will create that life. Oscar Wilde said, “To live is the rarest thing in the world. Most people exist, that is all.” This observation continues to be true because we neglect to pursue the things that matter most, resulting in mediocrity, hopelessness, discouragement, and despair.

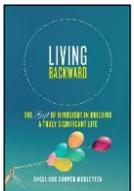
The concept of living backward is meant to counter the mind-set that time is marching on, which leads to a subtle but grave pitfall: it predisposes us to put off leading purposeful lives *precisely because we assume we have time on our side*. *Living Backward* challenges us to reorient our minds and view time not as accruing but as elapsing instead. With each passing year we haven't just *gained* more time to live—we've also *lost* more of the precious, irretrievable time that we have been allotted to create significance in our lives.

About the Author:



Angelique Cooper McGlotten, originally from Liberia, West Africa, holds a bachelor's degree in psychology from the University of Virginia. She is passionate about purposeful living and using her gift of encouragement to come alongside others. Having woven the gift of future-oriented hindsight into her own life, she knows firsthand its power to both shape our purpose and infuse our lives with joy and meaning. Angelique regularly speaks at women's retreats, women's groups, and conferences on various topics pertaining to the Christian faith and continues to mentor hundreds of adults and young adults alike. Angelique resides in northern Virginia with her husband and the three children entrusted to them by God.

About the Book:



Imagine looking back on the sum total of your earthly years . . . and realizing that your reasons to rejoice are far greater than your regrets. *Living Backward* is your invitation to discover the powerful gift of future-oriented hindsight and reap the incredible rewards it offers. As we grapple with today's fleeting problem or tomorrow's important choice, the ability to “live backward” provides us with not only a new perspective on our lives but also a powerful tool for creating true joy by fulfilling God's plan for us. We desire to matter, and God knocks on our hearts, beckoning us to open the door to a life of eternal significance.

Living Backward: The Gift of Hindsight in Building A Truly Significant Life

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author, read a free sample chapter, and get a free e-book, visit www.livingbackward.com.

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